



2009 USATF Oregon Association Masters Annual Meeting Report
 December 2- December 7 Reno, Nevada
 Submitted by Rose Schlewitz, OR Assn Masters Vice Chair

At the Wednesday morning Oregon Caucus Roger assigned each delegate meetings to attend. We were encouraged to attend the Restructuring Information Meeting and other meetings of interest if time allowed. I also spent time in the Internet Room updating information for the Northwest Region. Reassigned the Northwest Region Coordinator position I led the Northwest Region Meeting Friday afternoon.

I was assigned the following meetings and activities:

Tues	7-9:30PM	Regional Coordinators
Wed	8-9:00PM	Oregon Assn Caucus
	8-10:50AM	MTF Executive Committee
	2-5:50PM	MTF Awards Committee
	7-10:00PM	USATF Opening Session
Thurs	11AM-2:20PM	MTF General Session
	3:30—3:50PM	Athletes for the Disabled
	3:30-4:20PM	MTF/MLDR
	6-9:00PM	USATF Welcome Reception
Fri	8-11:50PM	MTF General Session
	1-2:50PM	MTF/MLDR Joint Meeting
	4-5:30PM	MTF NW Region Meeting
Sat	7-9:00PM	USATF Awards Breakfast
	11AM-1:50PM	MTF General Session
	2-4:50PM	MTF Executive Committee
Sun	8:30-10:AM	USATF Closing Session

Wednesday

Masters Executive Meeting

1. Clinic for Track, Field, Run, Racewalk - Becky Sisley, clinic director, reported on the Clinic for Track, Field, Run, Racewalk held September 13 at South Eugene HS in Eugene, OR. Thirty-nine registered

participants, from age 13 years to 75 years received instructed from clinicians in sprints, distance running, hurdles, middle distance running, racewalking, javelin and long jump. A copy of the Clinic Report was given to each Region coordinator. The report is a good example for a group or a club to put on a clinic.

2. Clinics - Region Coordinators Committee recommended clinics not be held at the National T&F Championships. The Nationals Clinic Funds should be placed in one line item for Region Clinics. If a region's clinic costs more than the \$500 currently allowed, additional funds can be requested from the Region Clinic funds.
3. Budget: Budget 2008 - discussed ways to handle over budget members. Masters Committee budget for 2009 is \$40,500. The 2009 budget will be adjusted according this year's needs.
4. Check Gary's report National Masters News will give 11 full-page ads for Masters to advertise Masters meets in return for the \$5000 from Masters Committee. February meet information must be received by January 1, 2009. For additional information contact Masters Chair, Gary Snyder, lyonssnyder@att.net

5. Standard Timeline for USA Masters Championship Meet:

Example: 2009 Outdoor
Championships

6 months prior to first day of competition	Entries open with the day of event schedule	January 9, 2009
26 days prior to first day of competition	Entries close	June 13, 2009
19 days prior to first day of competition	Late entries close	June 20, 2009
14 days prior to first day competition	Detail Schedule Available	June 25, 2009
	First day of competition	July 9, 2009

At the Wednesday evening General Session USATF members voted to approve the by-law changes that reduced the size of the USATF Board from 30 to 15.

The USATF Board includes:

6 USATF Divisions Committee seats:

- High Performance (MTF, RW, Mdev, Wdev, Spts Sci, CE)
- General Competition (Associations, Masters T&F)
- Youth
- Long Distance Running (WLDR, MLDR, MUT, Cross Country)
- Coaches
- Officials

3 Independent seats

3 International Athlete seat

1 seat for "5E" organizations (NCAA, NFSHSA, etc.)

1 seat for USATF's IAAF member

1 seat for popularly elected USATF

President

The Board will elect its chair. If they do not elect the USATF President as their chair the President will become Vice Chair of the Board.

Board positions are held for 2 years and 4 years so rotation is even balance of new and experienced members.

Each group with a seat on the Board will submit three names to the Nominating and Governance Panel. The Panel will select or recruited Independent Board Members will select the individual to fill the seat on the Board. The selected Board Member cannot hold a chair position on other USATF committees.

Example: The Associations Committee has selected Allen Roth and Dee Jensen. The Masters Committee will add one from the following Rex Harvey, Sandy Pashkin, Willy Banks, Mark Cleary or Phil Raschker. The three names will be submitted to the Nominating and Governance Panel for a final selection of one
Item #59 – Amends Rule 188.4

The diameter for all outdoor shots used in USATF Masters competitions shall be 130mm for men and 110mm for the women. Item tabled but instructed the Chair to discuss the diameter changes with WAMA to get their approval.

Item # 60 – Amend Rule 189.3 Table as follows:
In the 0,75kg column: Outside Diameter max mm to 182; thickness at center max mm to 39.

person to sit on the board for Associations and Masters.

Committees will continue to elect their own Chairs with the Board approving the selection. For complete information on the Restructuring go to the USATF National web site

www.usatf.org/

7. The Weight Throw will be included in 2009 Nationals Outdoors Championship as Championship event.

Thursday

Masters Track and Field Committee

1. Active Athletes

Active Athletes were selected at Thursday morning's meeting. Becky Sisley was selected

Active Athletes Chair by the Active Athletes members.

2. Election of new Masters Track and Field Committee Officers:

Chair- Gary Snyder

V. Chair – Janet Smith

Secretary - Jeff Brower

Treasurer – Carroll DeWeese

This committee will serve until the new Operating Board is in place. The Operating Board can then approve or disapprove Gary Snyder as Masters Chair.

3. George Matthews introduced Masters Chair Nominee Stephanie Hightower. Stephanie is one three nominees for USATF Track and Field Chair. The other candidates are Dee Nelsen and Bob Bowman.

4. 2007 Annual Meeting Minutes approved.

5. Rules Changes for 2009 pertaining to Masters

Item tabled but instructed the Chair to discuss the diameter changes with WAMA to get their approval.

Items #63, #91 – Change the name Weight Pentathlon to Throws Pentathlon. Accepted

Item #64 – Amend Rule #202.3 Table as follows:

For Women add a 25# column and delete 300# column.

For Women 70#, add an 'x' for 25# and delete the 'x' for 56#. Accepted

Items #90, #92-Amend Rule 331.1(b) and Rule 331.1(h)

Add Weight Throw to the National Outdoor Championships as a Championships Event. Tabled

Item #94-Add new rule 331.4 as follows:
A time schedule includes the starting time of each event on each day (not just an order of events) shall be included as part of the information distributed with the entry materials. Rejected

Item #96-Add Rule 332.2(c) as follow and renumber:
Unless otherwise provided by the Games Committee, whenever the number of competitors reporting for an event makes heats, as required in this Rule, the event shall be run as a final at the time in the program so scheduled for the heats. Rejected

Item #97-Amend Rule 332.2(e) as follows:
In outdoor events of 800 meters or longer and in the 300 and 400 meter hurdles, timed finals shall be run. Indoors, timed finals shall be run
*The locations of the hurdles in the 300m event are the same as those of the last seven hurdles of the 400m event. They are not the same as the high school 300m hurdle race, which uses Masters Track and Field Awards Committee

Awards Web Site: www.xro.com/awards
Committee Chair, Dave Clingan, reported an informal reception was held at the 2008 Indoor National Masters Championships at which the 2007 award winners were acknowledged and presented with Athlete of the Year pins.

Award winners were invited to attend the Athletes Dinner during the Outdoor National Masters Championships in Spokane. Award plaques were handed out as the athlete's seasonal performance was announced through the PA system. David Pain received an honorary Distinguished Service award.

in events of 400 meters or longer. In events of 2000 meters or longer, the number of participants per section.... Rejected

Item #99-Amend Rule 332.2(g) by adding the following:

Non-club relay teams shall not be eligible for awards at National Championships. Rejected

Item #100-Amend Rule 332.2(g) by adding to the end as follows:

Participants on non-club teams shall receive non-USATF Championship medals. Rejected

Item #10-Amend Rule 332.2(k)
The tables which follow show WMA race specifications:
Rule rejected.

Item #102 - Amend Rule 332.2(k) Table and Note as follows: Accepted
Women's Outdoor Long

30-49	400m	0.762m-30"	10	45m	35m	40m
50-59	300m*	0.762m-30"	7	50m	35m	40m
60-69	300m*	0.686m-27"	7	50m	35m	40m
70&up	200m*	0.686m-27"	5	20m	35m	40m

eight hurdles. The location of the hurdles in the 200m event are the same as those of the last five hurdles of the 400m event.

A simplified nomination process makes it easier for anyone to place any athlete's name into consideration provided they met the criteria stated on the nomination form.

Schedule for 2009:

- 2008 Season Nominations: Jan 1 – Feb 7
- Voting: Feb 8 – March 8
- Announcement of Winners: March 9
- Publication of Winners:
April National Masters News
- Presentation of Awards: July 11 at the Masters Outdoor Championships in Oshkosh, WI.

Athletes for the Disabled

Wednesday afternoon Session

- Disabled Athletes Organizations:

Wheelchair Sports USA - web site

www.wsusa.org

Disabled Sports USA

US Sports of the Blind

National Disability Sports Alliance

(Cerebral Palsy) (Merged w/Blaze Sports)

Dwarf Athletics

Special Olympics

USA Deaf Track and Field - contact Denise

Hutchins denise.c.hutchins@allegence

- Universal Sports has a website with clips of meets.
- University of Illinois has a good wheelchair program.
- Veterans from Afghanistan and Iraq conflicts after rehab are placed into a sports program.
- Committee member Eric Zempler asked that any rule change be sent to him by December 15, 2008 so rule change can be put into USATF Rules. Eric will review IPC and IAAF rules to be added to the back of USATF Rules book.

Friday

Masters Track & Field General Session

1. Records Report - Sandy Pashkin

Records were rejected because of (a) incomplete paper work or (b) record was made at a non sanctioned meets.

2. Survey Report – Janet Smith

45 responses to the survey of masters athletes - part of the Strategic Plan. Janet and Gary are at the point to turn the job over to the National Office.

3. USATF National Masters Championships

2009 USATF National Masters

Championships

• National Indoor Masters T&F Championships

– Mar 20-22 Landover, MD

Information at web site www.usatf.org

• National Masters Outdoor T&F

Championships – July 9-12 Oshkosh, WI

Information at web site www.usatf.org

2010 USATF National Masters

Championships

• National Indoor Masters T&F Championships

– March Boston, MA

• National Outdoor Masters T&F

Championships

July 7-11 Sacramento, CA

2011 USATF National Masters

Championships

• National Masters Outdoor T&F

Championships, Tentative dates: July 29-Aug 1 or Aug 5-8

Harrison Dillard Track, Cleveland, Ohio

4. WMA Championships

2009 World Masters Championships

July 28-August 8 Lahti, Finland

Information: www.wma2009.org

• expect 7000 athletes to participate

• uniform top on web site usatf.org using membership #

• 2002 and 2004 USA uniforms will be legal

2011 World Masters Championships

July 7-17 Sacramento, CA

5. 2009 WMA Delegates

Gary Snyder, Jerry Donley, Carroll DeWeese,

Mark Clearly, Marilyn Mitchell, Ivan Black,

Mary Trotto, Jeff Bower, John Heud and Ron

Pate

6. Open/Masters Combined Events Meet

Implements supplied, RV Hook Ups

King's High School

August 15-16 Seattle, WA

7. Budget-Joy MacDonald

• Memorial Funds Donations- check USATF Web Site

• We received \$3600 for Masters portion of the increased membership fee.

• Motion: The MTF committee directs our chair to retrieve \$16,954 from USATF.

Accepted, seconded, approved

7. Marketing – John Oleski

Recruitment Plan:

• Goals: Increase participation in MTF

• Method: "Forever Fast" DVD

• Target: Fit People, Health Clubs, Road

Races, Focus on Women, Former Collegiate Athletes

• Obstacles to Increasing Participation:

Perception of General Public, Aversion to Competition, Athletic Intimidation

• Implementation: Regions Associations, clubs, sports Associations, Senior Games,

Utilize the Internet more.

- Recommendations: Use You-Tube, create small files that can fit on Flash Drives

Saturday

Masters Track & Field General Session

1. 2009 WMA Female Delegates
Chrisal Donley, Becky Sisley and Mary Trott
2. Media Report – Bob Weiner
 - Build info for indoor and outdoor meets to inspire others.
 - Showed a short clip on National Indoor and Outdoor Championships
3. Records - Sandy Pashkin presented names and why records were denied.
 - Becky's Meet Manuel has steps to follow to have your record paperwork accepted.
 - Meet director should have copy of record steps.
4. Games Committee - Rex Harvey
 - Process going well, all members are very experienced
 - Surcharge is for Games Committee expenses.
 - Set schedule for indoor and outdoor meets
 - Well supply implements at shipping expense charged to meet.
5. Masters Diversity and Leadership – Dexter McCloud, Mentor Protégé Program
Dexter reported: Part of the Masters Diversity Program is education by workshop and experience.
 - Attended the Association Workshop last summer and held workshops.
 - Would like to reach out to National Governing Body and share his framework with other NGB.
 - Have homework and/or one to one with your mentor
 - Athletes Studies – “What to Do When I Grow Up”

To be funded for the USATF Annual Meeting and/or workshop contact Dexter.

6. Masters Invitation Program – Mark Cleary Championships
 - Penn Relays - Masters Event
 - Drake Relays – One Mile for Masters
 - Melrose – 4 x 4 Event for Masters 40+
 - National Indoor-1500 men & 400 women
 - National Outdoor – 400 men and 1500 women

Masters Athlete of the Year

- Phil Raschker W60 added 2008 Track and Field Athlete of the Year to her 2007 Worlds Masters Athlete of the Year. An elite athlete with many records Phil set a new WR and AR in the 400 meter with a 68.24 at the 2008 Indoor Championships in Boston.

Oregon Athletes

- Hall of Fame - Joe King M82 of Central Point OR was accepted into the Hall of Fame. Joe still holds the M80 AR in the 1500m with the time of 4:56.31.
- 2008 Records Indoor
John Altendorf M60 – Pole Vault 4.00m
- 2008 Records Outdoor
Joe King M80 – 1 mile 7:09.60
Bill Lauderback M90 – 1 mile 10:52.98
Todd Taylor M60 – Superweight 10.92m
Robert Hewitt M75 – Pentathlon 3766